



Health Perceptions LLC

Programming Options: Children's Series

Nature Nuggets-

Each individual session below will include the following age-appropriate components:

- Interactive activity – art, music or language
- Theme story
- Hike before heading home

***I have authored a children's book, "What the Forest Knows" and will feature this in some of the programs as a prize drawing item*

Spring/ Summer Session Options

Birds in Nature- 2 Sessions

- Bird Nest Quest!
- Birds and Eggs

Pond Life- What's Going On Down There?!

Conservation- You Can DO It!- 2 Sessions

- Leave No Trace
- Adventure Packing- What Should I Take?

The Great Animal Footprint Mystery Tour

How Does it Grow? -2 Sessions

- From Tadpole to Frog- Look at Me Grow!
- Caterpillar Magic

Trees Rule the Forest

Insects- 3 Sessions

- Bees Please
- Fireflies- Turn On The Lights!
- Ants- An Army Under Our Feet

Fall / Winter Sessions

Request as needed

